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### Technical University Cluj Napoca North Center University Baia Mare-Romania



Istanbul Rumeli University- Turkey

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## **Book of abstracts**

of the

### 5<sup>th</sup> International Conference on Economics NICE 2020

### Edited by:

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#### ESL FOR VOCATIONAL SCHOOLS THE CASE OF ALBANIA

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#### ABSTRACT

This article will be focused on English teaching as a Second Language in Vocational Schools. First of all, a vocational school is a type of educational institution, which, depending on the either secondary or post-secondary education designed country. mav refer to to provide vocational education, or technical skills required to complete the tasks of a particular and specific job. In the case of secondary education, these schools differ from academic high schools which usually prepare students who aim to pursue tertiary education, rather than enter directly into the workforce. Such a phenomena is present in many vocational schools and courses, especially the ones that prepare professionals ready for the European labor market. These graduated individuals have been reported sometimes to lack skills but in fact it has been found that is a lack of preparation on the linguistic and communication skills that schools not always are aware of. The teaching methodology is getting more and more on the management aspect of the group and the need it has rather than being purely on linguistic basis.

**KEYWORDS:** vocational education, strategy, awareness, ESL, communication.

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#### AN EMPIRICAL STUDY ON FACTORS AFFECTING INTRA-INDUSTRY TRADE WITH SOME SELECTED COUNTRIES IN TURKISH MANUFACTURING INDUSTRY

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#### ABSTRACT

The aim of this study is to analyze the factors affecting intra-industry trade in Turkey's manufacturing industry. To measure intra-industry trade in Turkey's manufacturing industry with 29 countries Grubel Lloyd index is used in the study. The factors affecting intra-industry trade in the period of 1998-2017 are analyzed by panel data method. Country and policy-based determinants of intra-industry trade are dealt with development level, development level differences, market size, market size differences, outward-openness ratio, outward-openness ratio differences, geographical distance, and participation in economic integration. The results obtained from the established models are that the levels of development, market size and participation in the customs union have a positive effect on intra-industry trade while the geographical distance is negative. It also concluded that Turkey's intra-industry trades between the EU member countries have the high rates.

**KEYWORDS:** Intra-industry Trade, Manufacturing Industry, Grubel Lloyd Index, Panel Data Analysis.

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#### **A NEW PROVOCATION - QUALITY 4.0**

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#### ABSTRACT

Quality is a competitive advantage for companies and organizations in the global market. Quality has gone through several stages of systemic evolution being in a dynamic movement and going through several stages throughout modern history. Research for new and innovative quality models is rare, so the new stage of evolution and the fourth industrial revolution Industry 4.0, is an opportunity for the quality movement to become a new driving force. The need to adapt to technological innovations in the market, the analysis of the entrepreneurial ecosystem are the new features of the new industrial revolution. This paper presents a new framework for the quality of supporting the fourth industrial revolution. namely the new Quality 4.0. The paper identifies new directions for engineering, quality and reliability and welcome opportunities. The research identify the terms for: quality as a datadriven discipline, applying modeling and simulation to evidence-based quality engineering, health monitoring and quality forecasting, integrated quality management, maturity levels from the fourth industrial revolution, integrating innovation with quality and management for innovation,Quality 4.0 and data science,integrating reliability engineering with quality engineering and, finally and quality information.

**KEYWORDS:** Industry 4.0, modeling, simulation, quality management

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#### EXAMINING THE RELATIONSHIP BETWEEN PERFECTIONISM, ACADEMIC MOTIVATION AND LIFE SATISFACTION IN UNIVERSITY STUDENTS

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#### ABSTRACT

The purpose of this study is to understand relation between perfectionism, academic motivation and life satisfaction on university students. Perfectionism refers to the high degree of self-criticism deeply placed on his or her subject by the individual. The word motivation comes from the Latin word "movere," meaning "move, move," and is commonly defined as "a mental condition that causes a person to turn to the desired target. Life satisfaction is a self evaluation of persons own life. According to the types of perfectionism, the level of academic motivation changed, and it is thought that this change may affect life satisfaction. The scales used in this study are: academic motivation scale, life satisfaction scale and multidimensional perfectionism scale.

**KEYWORDS:** *perfection, academic motivation, life satisfaction, academic personal.* 

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#### HISTORICAL PROCESS OF POLITICAL AND ECONOMIC RELATIONS BETWEEN TURKEY AND ROMANIA

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#### ABSTRACT

Turkey Romania relations are based on deep-rooted historical past. This contact, which started with the struggle for domination in Wallachia and Moldavia, which constitutes today's Romanian lands as geographical location, has survived many various episodes and finally reached the present day by setting it on a commercial basis. With the Treaty of Berlin signed on 13 July 1878, Romania declared its independence. With this treaty, commercial rules between Romania and the Ottoman Empire were also regulated. In our article where we will discuss such a deep-rooted historical process, we will try to outline the reasons for the political and economic relationship, how it took place, and the potential change between the past and the present.

KEYWORDS: Wallachia, Moldavia, Romania, Berlin Treaty, Economic History

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# THE ROLE OF MIGRATION IN UNEMPLOYEMENT REDUCTION IN ALBANIA

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#### ABSTRACT

In this paper we try to analyze the trend of emigration, the evolution of middle age and the flow of unemployment in Albania. The statistical analyses show that in recent years there is a significant increase in emigration flow accompanied by a slight decline in unemployment and it turns out that according to Gallup (2020) Albanians rank first in the Balkans for the desire to leave Albania. The increase in the flow of emigrants on the one hand has a positive effect on the growth of remittances but on the other hand has a direct negative impact on the economy as much as 0.6% -0.9% of GDP. Other results of this study show that emigration affects the "aging of the local population, it reduces the young and skilled labor force and increases the number of retirees, accompanied by a deterioration in the ratio of contributors and pensioners moving away from the previous ratio of 4 to 1 in 1990 to 1.5 to 1 in 2019 and to a projected ratio of 1.2 to 1 in 2030. Furthermore, the emigration flow is leading to a reduction of students in schools, and as a consequence leads to the closure of many primary schools, forcing dozens of teachers into unemployment and substantially reducing the number of university students by quite a bit.

**KEYWORD:** Unemployment, Emigration, Productivity, Albania

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#### FACTORS INFLUENCING THE NEW DIGITAL TECHNOLOGIES IN ROMANIA AND ALBANIA

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#### ABSTRACT

The new technology is an alternative to classic games, an educational alternative, a source of information that is closely linked to the feeling of security. Our young programmers and entrepreneurs are investing more and more time in developing software that can help Romanians and Albanians who want to access sites to find the information they need lately, even to find out about various diseases. However, experts point out that these programs, however comprehensive, cannot replace humans. To identify the factors influencing the use of new technologies, study participants had to complete a multi-part structured questionnaire to identify individual characteristics (age segment, gender, education), why and how they use digital technologies, time, field application), what kind of information is being accessed. The study presents initial results, but the study's authors acknowledge that it will require further research.

KEYWORDS: digital technologies, internet, quality, behavior, attitude

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#### STRESS AT WORK IN DIMAL FACTORY SH.P.K.

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#### ABSTRACT

Stress is one of the most used, but also the most unpopular terms nowadays, as it has become part of our lives, bringing various problems. Stress can be defined in several ways. More simply, we can say that it is the exposure to an event that is perceived as threatening to the individual. As such, it affects every area of our lives including work. The object of this paper is focused on stress at work in the company "Dimal Factory Sh.P.K". Being a large company operating in the market, with a relatively small number of employees in the field of tailoring, a sector quite widespread in Albania, but also not a little controversial about the working conditions it offers, makes it more attractive to studied the phenomenon of stress and its expression in this organization. Compared to academic knowledge, we are faced with gaps that exist between theory and reality. To highlight these discrepancies and find ways to reduce them, in order for both parties to benefit (staff and organizations), has prompted us to analyze this phenomenon in the aforementioned company. To achieve the goal, quantitative research was used through questionnaires structured according to the Likert scale of evaluation from 1 - 5. The study focuses on the recognition of the phenomenon by the participants, by the organization, as well as the awareness of both parties to treat it more seriously and to find common and effective ways to fight stress even in the conditions of *COVID-19*.

**KEYWORDS:** stress, strategy, awareness, self-confidence, technological development, communication.

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#### **BLOCKCHAIN AND INNOVATIVE FINANCIAL CHANNELS**

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#### ABSTRACT

When it comes to the financial services industry, digitized assets and innovative financial channels are creating new paradigms for financial transactions and promoting alternative ways of capital rising. Blockchain-based payments can streamline the entire transaction process by removing bureaucracy and time-consuming paperwork, while also reducing the redundancy of information and improving performance. This disruptive technology is likely to become mainstream in the financial services sector within the next decade and it is expected to successfully reduce the massive duplication of information that creates confusion, error and delays in so many aspects of the financial services sector. Also, any operation that does not grant transparency and traceability is prone to be disrupted by the blockchain technology. Besides the financial sector, blockchain will also revolutionize business processes in many other industries, but its adoption requires time, efforts and a global alignment in terms of legal, regulatory and governance frameworks. Nevertheless, the current Coronavirus pandemic facilitated the acceleration of blockchain solutions to fill the informational gaps and delays.

KEYWORDS: blockchain, financial market, customers, satisfaction

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#### POTENTIAL CHALLENGES WITHIN THE FINANCIAL-ACCOUNTING DEPARTMENTS IN THE CONTEXT OF COVID-19

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#### ABSTRACT

The situation of uncertainty generated by the COVID-19 pandemic or remote work generates various problems for companies and their employees. One of these is the temporary inability of employees to work within the financial accounting department. Moreover, companies may face staffing crises amid scheduled childcare leave, but also staff turnover, with employees following other market opportunities. The context may worsen when the company faces the lack of experts who provide the managerial information necessary to make quick decisions such as those aimed at analyzing the impact of COVID-19 on the company, making detailed operational reports with analyzes on product or service lines, adequate capital monitoring work and cash flows, preparation of scenarios, timely completion of monthly reports to the group and to state authorities. Faced with such a context, the company can analyze its internal resources and consider the best solution, depending on the particularities of the situation in which it finds itself. Accelerating digitization in the finance department by adopting existing tools on the market, can be one of the ideal solutions for companies that not only want to solve a problem related to the inability of employees to carry out their work, but also seek to streamline existing processes.

KEYWORDS: finance, management change, accounting

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#### THE IMPACT OF THE CORONAVIRUS TO THE POLITICAL INTEGRATION OF THE EUROPEAN UNION

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#### ABSTRACT

The new type of Corona virus, which emerged in Wuhan, China in 2019 and affected the whole world, also interacted with social life and therefore international relations. This epidemic, which was declared as a "pandemic" by the World Health Organization in a short time, has deeply shaken European countries. The rapid spread of the virus, especially in Italy, Spain and France, and the European Union's unprepared caught in this epidemic, has also been a factor that increases EU skepticism in member countries. This situation added a new one to the reasons that slowed down the political integration speed of the union. Although this epidemic negatively affects the political integration process of the EU, the measures taken by the union within the scope of the fight against the epidemic show that the union has taken steps to get stronger from this crisis.

**KEYWORDS:** Corona virus, European Union, political integration

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# SMART QUALITY MANAGEMENT AND THE IMPACT OF INDUSTRY 4.0

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#### ABSTRACT

Industry 4.0 is also known as Smart Factory 4.0. It is labeled as the fourth industrial revolution, respectively the fourth wave of evolution, but which many do not understand. The major impact it has on companies is reflected by the quality management that is no exception. Organizations monitor this reorientation and evolution and try to find ways and strategies to change the paradigm. Quality must ensure that it is a bridge between Industry 4.0 and the company. Quality has entered a new era, with new premises of Industry 4.0 / Smart Factory 4.0 and its implications for the management of organizations. Industry 4.0 will be the next stage of modernity in production and will see a paradigm shift in the transformation of old factories to smart factories merging with the cyber realm. The article tries to identify the current situation in the economy and the perception by managers of the new wave of technology and the desire to harmonize with current requirements.

KEYWORDS: Industry 4.0, technology, economy, smart factory, quality management

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#### USE OF TECHNOLOGY IN IMPROVING SYMPTOMS OF ALZHEIMER'S DISEASE. A REVIEW OF RELEVANT CURRENT MEDICAL LITERATURE FROM PUBMED

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#### ABSTRACT

Alzheimer's disease is a type of dementia that can be a devastating diagnosis for many patients and relatives. Non-pharmacological interventions in Alzheimer's disease have demonstrated significant benefits in improving symptoms. In recent years, technology has been increasingly used in medicine and mobile phone applications have been developed. A project was designed to provide an easy-to-use technology, more specific a smartphone application for patients with Alzheimer's disease which can potentially improve their quality of life. We have reviewed the current literature in this medical field and identified available technologies used so far. Academic and non-academic applications have illustrated different aspects used including music, games, tracking devices and lifestyle advice and exercise. Our conclusion was that the ideal application should be individualized and really easy to use for patients and relatives. The application should incorporate a few different aspects including memory- games and puzzles and ensure the patient's safety by use of tracking device. Another important aspect for the application it should provide a direct link to emergency services such as police, ambulance and improving awareness of the disease by providing information for the patient or/and his caregiver.

**KEYWORDS**: Alzheimer's disease, dementia, ageing, technology, mobile application, Smartphone

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# NEW DIGITAL TECHNOLOGIES AGAINST TO ALZHEIMER'S DISEASE

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#### ABSTRACT

Alzheimer's disease affects more and more people around the world. Especially in Western Europe, it is reported by the researchers that Alzheimer's and dementia diseases are the most common diseases compared to the whole world. Scientists report that the progress of the disease in the early stage can be slowed down by intelligence games, physical exercise, matching games, and skills activities. Extending this stage can make the process easier for the individual and his/her relatives. The European Commission's reports state that new digital technologies have a strong potential to help individuals face challenges related dementia and neurodegenerative disorders. Therefore, the REMEM project idea has been developed which is supported by Turkish National Agency. Within this project, it is aimed to develop mobile applications for the Alzheimer's patients in the early stages and their relatives/the person responsible for the patient's care. In this study, the new digital technologies developed for the slowing down of the disease were researched. In addition, the objectives and outcomes of the REMEM project were introduced.

KEYWORDS: Alzheimer's disease, new digital technologies, REMEM

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# THE EFFECT OF MUSIC ON ALZHEIMER PATIENTS

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#### ABSTRACT

Treatment with music is a type of treatment that is not among the basic treatments in the medical world. Remedies are sought by other complementary therapy methods for diseases in which modern medicine is not a cure. In particular, these therapy methods are used in the treatment of mental problems and psychological-based diseases and in increasing the quality of life of the patient as much as possible. However, in the 16th and 17th centuries, the first hospital built in the central system, which was provided with acoustics for music therapy, was established in Edirne II. Bayezid Dârüşşifası is still standing as a museum today. Alzheimer's disease accounts for 60% of all dementia-related diseases. This disease, which has no definitive treatment, is tried to increase the quality of life of the patient with delaying treatments. In this study, studies of music therapies in Alzheimer's patients and the researches on the historical development of these treatments were investigated.

**KEYWORDS:** Alzheimer treatment, life quality of Alzheimer patient, Music therapy in Alzheimer

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# ALZHEMEIR'S DISEASE PRODUCED BY GUM BACTERIA ? AN UPDATE TO THE NEWEST IDEAS IN THE MEDICAL WORLD

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## ABSTRACT

The scientific world has intensified their research focus on the possible link between Alzheimer's disease and bacteria that causes periodontitis. Researchers have identified, Porphyromonas gingival is and its toxin, gingipains in brain samples from people with Alzheimer's disease. Successful tests have been carried out on mice in an effort to prevent the formation of gingipains. This bacteria has the potential along some genetic condition to cause brain cells damage and later on Alzheimer's disease. This lead to new ideas of future research and ways for a patient suffering of Alzheimer's disease to be able to maintain his oral hygiene and his additional denture work present at the time in his mouth. For patients that already have developed the disease, there are a couple of innovative new ideas that might help in maintain good oral health. Such as, the use of a smart phone can aid, believe it or not, to good oral health. An application can remind the patient in the morning and in the night to brush their teeth. It could potentially remember the patient on the best brushing technique for their situation. Further one, the applications can advise him to use additional cleaning methods like mouthwash rinses, interdentally brushes and floss and specific hours in the day and with the adequate cleaning technique. In the case that the patient has a removable denture, an application can remind him to take it at night, to clean it and leave it in a glass of water during the sleeping period. In the morning it could potentially remind the patient to put the denture back in his mouth with the help of a denture adhesive. Technology has invaded our lives and we are relying more and more on it for our daily routine. There is no reason why it cannot help patients with brain issues into having a normal life.

KEYWORDS: Alzheimer's disease, new ideas, bacteria, new technology, innovation

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# A QUALITATIVE RESEARCH ON THE PROBLEMS OF INDIVIDUALS OVER 65 YEARS OF AGE DURING COVID-19 PROCESS

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### ABSTRACT

The new Corona virus (COVID-19) outbreak, which was identified in January 2020, and first emerged in Wuhan province of China, affected especially individuals over 65 years of age. In order to protect from the epidemic, many countries have applied curfews to cut off these individuals' contact with others. Turkey is one of these countries. During this process, they faced a lot of difficulties. The purpose of this study is to identify the problems experienced by individuals over 65 years of age and to produce solutions in the Covid-19 process. Qualitative research method was used to determine the opinions of the participants on the subject. A semi-structured interview form developed by researchers was used to obtain research data. The main criteria in determining the participants are individuals over the age of 65. "Criterion sampling method" was taken into account in determining the survey content. Content analysis was applied to the qualitative data. The study was conducted in Denizli with the opinions of 13 participants (5 = female; 8 = male). According to the research, individuals over 65 years of age concerned that they and their children would be infected with the Covid-19. They longed to spend time outside and hug somebody. They have shown sensitivity in taking measures related to health and cleanliness. They took care to keep in touch with their families without being side by side. Those without social security think that they should be paid a salary during this process.

KEYWORDS: Elderly, Covid-19, Curfew.

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# FACTORS INFLUENCING THE NEW DIGITAL TEHNOLOGIES VS MHEALTH

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#### ABSTRACT

With the advent of this online environment, there have been some major changes in human life. The Internet offers modern people a lot of benefits, which make their life easier or better, or help them save time, money, or give them ways to spend their time efficiently or find information about small health problems. Last but not least, the virtual environment together with mHealth, which has emerged as a necessity in the medical field, offers a wide range of uses: an educational and informative environment, fast communication between people from the farthest points and apparently less accessible globally, the latest news in the economic and medical field, access to various activities to "relax" the patient games, books, pictures, movies, music all in the desire to find solutions and improve the social environment. The case study identifies the factors that influence the use of the Internet and how to use it.

KEYWORDS: virtual media, information, health, communication, m-health

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# THE RELATIONSHIP BETWEEN ADDICTION AND ALZHEIMER

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### ABSTRACT

Alzheimer's disease is a degenerative condition that affects the cognitive state, memory, perception and affective management of the brain. Alzheimer's originally defined as a side effect of aging is the sixth cause of death in the world. Changes associated with this disorder in the brain can be triggered by environmental exposures and genetic factors. The relationship between drug and alcohol use and dementia is well known, and dementia can occur in people who use intoxicating substances for a long time. It may increase the speed of neurological damage associated with dementia or Alzheimer's. In some cases, people with Alzheimer's disease may increase drug or alcohol consumption in response to the onset of their condition, making the course of the disease worse. In this study, the relationship between drug and alcohol addiction and Alzheimer's disease was investigated.

**KEYWORD:** Addiction drug in Alzheimer, Addiction alcohol in Alzheimer

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# **SLOWING ALZHEIMER WITH NUTRITIONAL APPROACHES**

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## ABSTRACT

Alzheimer's is a brain disease that is caused by the accumulation of  $\beta$ -Amyloid plaques on nerve cells in the brain, the cause of which is not yet known. Although the cause is unknown, it is a deadly disease that has not vet been treated. While the researches for the treatment of the disease continue, in parallel with these studies, many studies are conducted to prevent the progression of the disease with preventive measures. In early ages, due to the effect of protective factors, the rate of disease progression is low in groups at risk. For two years, a study with 1260 elderly people (60-77 years old) in the Scandinavian countries has shown that with the help of nutritional measures, mental exercise, social activities and heart health measures in elderly people, mental decline in the elderly can be reduced and partial dementia can be prevented. Thus, it has been scientifically proven that regular nutrition, a more social life and mental exercises are effective methods against the disease. Studies emphasize the importance of consuming healthy foods away from environmental toxins and agricultural materials. Researchers, fish and seafood and vegetables rich in omega-3 fatty acids, a certain amount of coffee, cocoa consumption, fruits and juices with high antioxidant properties due to their resveratrol activity, the effect of having a person in the nutrition program is emphasized. In this study, it examines the diets suitable for Alzheimer's patients and risk groups and the foods that should be included in the nutrition programs.

**KEYWORDS:** Alzheimer and diet, Alzheimer and Omega-3, Resveratrol, nutrition in Alzheimer

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# ALZHEIMER'S DISEASE AND NEW APPROACHES FROM THE FIRST DIAGNOSIS TO THE TODAY

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#### ABSTRACT

Agusto DETER was a 51-year-old lady who was living in Germany, with her "husband cheating on herself" and similar paranoia. After her death in 1907, as a result of the examination on her brain, ALZHEIMER'S DISEASE was identified thanks to the reviews and publication of Dr.Alois ALZHEİMER and Dr.Emil Kraepelin. Alzheimer's is a type of Dementia that we know as "dementia" and a progressive pathology that affects life with progressive memory loss, dementia, decreased cognitive functions in general, decrease in behavioral functions, as a result of the abnormal accumulation of "amyloid beta proteins" in the brain. It may take years for the disease to come to an advanced stage. As it is a progressive disease, early symptoms often result in the forgetting of the recent events and the loss of the ability to do daily activities alone in the later stages. Alzheimer's Patients frequently refer to Physicians with the symptoms of cognitive and behavioral performance. In the first stages, symptoms are mild, but become more evident over time. With the progress of the events, items, names that were experienced at first, with the progress: The blurring of consciousness, the problem of adaptation to the current environment, the disappearance of the places it knows, the speaking and language skills are weakening, the suspicion including the relatives around them (Paranoia) are developing these sometimes turn into halications, low motivation, Everyday needs cannot be done without help, they refuse to remember events and anxiety depression develops. As time goes on these symptoms become severe and they no longer recognize family members, the recent past is completely forgotten. The cause of Alzheimer's Disease has not been established with certainty. However, the factors that play a role in the development of the disease are: advanced age, the presence of a family history of Alzheimer's, down syndrome, past head trauma, sleep disorder, inadequate physical activity, obesity, high blood pressure and hyper cholesterolaemia, history of type 2 diabetes (diabetes mellitus), tobacco use, inadequate and unhealthy nutrition. There is no test leading to a definitive diagnosis in Alzheimer's Disease Diagnosis. Detailed history (Anamnesis) of patients who apply to Neurology or Psychiatry Clinics is taken. The anamnesis is expanded by taking the patient from the family and close circles. Neurological examination is performed, balance, behavior, memory and reflexes are examined. Psychiatric Anamnesis is performed to make differential diagnosis, Blood Tests (Hematological Tests), Biochemical and Hormone Tests, Ultrasonography, Computed Tomography (BT), Magnetic Resonance (MR), and presence of depression. Albeit rare, Gene Tests (Alzheimer has been proposed to investigate the APOE-e4 gene but has not been accepted as a proven method). The treatment approach in Alzheimer's patients is multidimensional and the social approach is predominant. With a more accurate definition, we try to delay its progress and aim to organize a personalized lifestyle. Necessary arrangements should be made in the home environment; if possible, we should ensure that there is support staff. We should raise awareness of the existing symptoms of the disease. In case of living alone, precautions should be taken to facilitate the life of forgetfulness. Activities for strengthening memory, problem solving and preserving language skills should be implemented. Alcohol and cigarettes should be quit, learning new things, acquiring different hobbies, puzzles, brain training and countless activities involving them, and even become part of their lives.

**KEYWORDS:** Alzheimer disease, daily life Alzheimer patients, new approaches in Alzheimer

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# DETERMINING THE LEVEL OF KNOWLEDGE OF ALZHEIMER'S PATIENT RELATIVES ABOUT THE DIFFICULTIES THEY FACE IN PATIENT CARE

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#### ABSTRACT

During the care of Alzheimer's patients, their relatives face many difficulties. Relatives of the patients generally do not have sufficient information about the disease progression and patient care. Therefore, it is important and necessary to identify the difficulties faced by patient relatives and to determine the level of theirs knowledge about the disease. The aim of this study is to identify the difficulties faced by patients' relatives and to determine their level of knowledge about the disease. A quantitative research method with 22 multiple choice questions created on docs. Google was used. The form was included personal information form covering various demographic features of patients' relatives about the problems faced by their patients in the care process. Nonparametric analyzes were carried out to determine whether there is a difference between the knowledge level of the patients 'relatives according to the demographic structures. Within the framework of the data of this study, it was decided that the relatives of the patients who take care of the patients need a guide book in printed and online forms in order to overcome the difficulties they face.

**KEYWORDS:** Alzheimer's, Alzheimer's patient relatives, Alzheimer's disease knowledge level

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# GAMING ATTITUDES AND HABITS OF ADULTS AGES 50-PLUS IN TURKEY

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#### ABSTRACT

The elderly population in our country and in the world continues to increase rapidly. Today, there are 44 million dementia patients worldwide. According to the Turkey Statistical Institute(TUIK) data, in 2023 the country over 65 years is expected to continue to be that big a rapid increase in the incidence of dementia and over 10% of the elderly population ratio. In Turkey, according to cause of death statistics, the number of elderly people who died of Alzheimer's illness, while 10 thousand 236 in 2014, rose to 13 thousand 767 in 2018. While the proportion of the elderly who died from Alzheimer's disease was 3.9% in 2014, this rate increased to 4.6% in 2018. It is observed that the inactive areas of the brain are activated, brain movements increase significantly and there are improvements in recall skills while older individuals are playing digital games. Therefore, there are studies that elderly people can develop digital games that are most suitable for Alzheimer's and dementia disorders. In this study, a randomized study was conducted on the game habits of individuals over 50 years old. The types of games that people chose, their contribution to focus, processing skills and memory effects were investigated.

**KEYWORDS:** gaming attitudes, digital games, Alzheimer and dementia, games for Alzheimer

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